

**For further information about any event inside this flyer, please contact Catrina Lafferty, Youth Development Worker.**

**Tel: 01424 724382 / 07812 524311**

The Youth Development Service and partners aim to address the needs of all young people within the local community.

To assist us in the delivery of services, young people's ideas and participation are essential, to ensure that all young people are heard within the community.

**Sidley Young People's Centre**  
121 Ninfield Road  
Bexhill-on-Sea  
East Sussex  
TN39 5BD

**If you would like further information please contact the Youth Development Service – Eastern.**

Youth Development Service  
Ocean House  
87-89 London Road  
St Leonards on Sea  
East Sussex TN37 6DH  
Tel: 01424 724150  
Fax: 01424 724133

**If you would like our information in large print, in Braille, on audiotape or in another language, please contact us.**

East Sussex County Council  
County Hall  
St Anne's Crescent  
Lewes BN7 1UE  
Phone: 0345 60 80 190  
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October 2010

**Integrated Area Children's Services**

# Youth Development Service – Bexhill

## Programme of Activities



## **Mondays**

### **4–6pm Sidley Young People’s Centre Club**

Referral only session. Small group work and 1-2-1 sessions provided by experienced youth workers. (Self-esteem, confidence, respect) Young people also supported with DoFE and Arts Award.

## **Tuesdays**

### **Youth Club session**

### **7-9pm Bexhill Youth Club (Bexhill Youth and Community Centre, Station Road)**

Generic youth club session with sports provision in sports hall, games, individual support, chill-out room, pool and table tennis.

## **Wednesdays**

### **Youth Club Session**

### **6-8pm Sidley Youth Club**

Generic youth club sessions. Pool, table tennis, games, arts and crafts, refreshments.

### **The last Wednesday of each month**

### **6-8pm Young Women’s Session**

An opportunity for young women to explore their identities in a fun and relaxed atmosphere.

## **Thursdays**

### **11am-6pm Sidley Young People’s Centre Job Club**

Advice and guidance on education, training and employment to young people is provided by a Connexions Adviser. (Appointments and drop-in basis)

### **4-6pm Sidley Young People’s Centre FYI**

An informal drop-in session for young people offering advice and support on many issues, including sexual and mental health, drugs, alcohol and smoking, as well as general health and careers advice. Chlamydia and pregnancy tests, c-card registration and signposting to sexual health services will be provided.

### **6.30-8.30pm Detached sessions, Sidley**

Detached session in the Sidley area. Mobile resource unit where Youth Workers offer support and activities to young people. Refreshments available.

### **7-9pm Pebsham Youth Club (Pebsham Community Centre, Seabourne Road)**

Generic youth club session offering pool, table tennis, dance, sports, games and structured projects.

## **Fridays**

### **7-9pm Detached Bexhill Central and Seafront**

### **6-8pm Sidley Youth Club**

A sports worker provides outdoor sports activities every Friday along with generic session.

### **U16s (Bexhill Youth & Community Centre)**

A club night for 12-16s runs every first Friday of the month 7.30-10.30pm

### **The last Friday of each month**

### **6-8pm Young Men’s Session**

An opportunity for young men to explore their identities in a fun and relaxed atmosphere.